INTAKE QUESTIONNAIRE – ADULT

Your response to the following questions will help your therapist better understand you and your situation in order to provide the best possible service. Please answer all questions as completely as possible.

Name of person completing form: _____ Date: _____

IDENTIFYING INFORMATION (for individual receiving services)

Name: _____ Date of Birth: _____

Address: _____ Sex: _____

_____ Marital Status: _____

Home Phone: ( ) _____ Work Phone: ( ) _____

Social Security Number: _____ Household Income: $ _____

Who referred you to [organization's name]? _____

Race:

- ☐ White/Caucasian
- ☐ American Indian or Alaska Native
- ☐ Native Hawaiian or Pacific Islander
- ☐ Asian
- ☐ Black/African American

Ethnicity:

- ☐ Hispanic or Latino
- ☐ Non-Hispanic or Non-Latino

Language of Choice:

- ☐ English
- ☐ Spanish

Disability:

Do you have a disability? ☐ Yes ☐ No If yes, please specify: _____

If you have a disability, does the office accommodate your needs? ☐ Yes ☐ No

If no, please explain: _____

PRESENTING PROBLEM (current situation and history)

1. What is the primary problem for which you are seeking consultation? (please circle)

   a. Pregnancy
   b. Family
   c. Substance Use Disorder
   d. Alcohol Use Disorder

2. How long have you had this/these problem(s)? _____

3. Have you received treatment for this problem or any other problem in the past? ☐ Yes ☐ No
   If yes when, where and with whom? _____

FAMILY HISTORY

1. Were drugs or alcohol a problem in your family when you were growing up? ☐ Yes ☐ No
   If yes, please explain: _____

2. Do you or another family member have a history of alcohol or drug problem? ☐ Yes ☐ No
   If yes, please explain: _____

3. Please describe your current alcohol consumption: _____

4. Was there any type of abuse (physical, sexual, domestic or emotional) in your family or home?
   ☐ Yes ☐ No If yes, please describe the circumstances: _____

5. Have you or any other family member experienced any type of abuse? ☐ Yes ☐ No
   If yes, please explain: _____

LEGAL HISTORY

Please describe any involvement you have had with the legal system (arrests, convictions, probation, parole):

_____

_____

CURRENT FAMILY INFORMATION

1. Please provide the following information:

Name (First and Last)	Date of Birth	Lives with You?
Spouse/Significant Other:		Yes No
Children: _____		Yes No
_____		Yes No
_____		Yes No
_____		Yes No
Others Living in Household:		

2. Highest educational level achieved: _____

3. Military service: ☐ Yes ☐ No

4. Occupation: _____

5. Current employer: _____

MEDICAL HISTORY

1. Primary Care physician/pediatrician: _____

2. Please check the appropriate box if you have experienced any of these problems:

- ☐ Eye disease, injury, poor vision
- ☐ Ear disease, injury, poor hearing
- ☐ Nose, sinus, mouth, throat problems
- ☐ Head injury
- ☐ Convulsions or seizures
- ☐ Memory problems
- ☐ Extreme tiredness or weakness
- ☐ Thyroid disease or goiter
- ☐ Skin disease
- ☐ Heart disease
- ☐ Back, arm, leg or joint problems
- ☐ Blood disease
- ☐ Stomach problems
- ☐ Premenstrual Syndrome (PMS)
- ☐ Eating disorder
- ☐ Liver, gallbladder disease
- ☐ Chest pain or angina pectoris
- ☐ Cancer
- ☐ Bowel problems
- ☐ Hemorrhoids, rectal bleeding
- ☐ Loss of consciousness
- ☐ Frequent or severe headaches
- ☐ Sleep disturbances
- ☐ Neck stiffness, pain, swelling
- ☐ Marked weight changes
- ☐ Circulatory problems
- ☐ Allergies or asthma
- ☐ Diabetes
- ☐ Meningitis
- ☐ Pre or Post Partum
- ☐ High blood pressure
- ☐ Other _____

Please explain anything checked above: _____

_____

3. Please provide information about medication(s), prescription or over-the-counter, which you take regularly:

Medication	Dosage/Frequency	Prescribing Physician	For what condition?

4. Please list significant hospitalizations, operations, injuries (including broken bones): _____

_____

GOALS

1. What are your strengths? _____

_____

2. What are your weaknesses? _____

_____

3. What goals would you like to see reached as a result of your involvement with *[Your Organization's Name]*?

_____

_____

_____

_____

4. How will you know when these goals have been reached?

_____

_____

_____

_____

_____ _____

Signature of person completing the form *Date*

THERAPIST REVIEW

Signature: _____ *Date:* _____